

UNIVERSITY OF MICHIGAN WRESTLING

Ohio Technique/Training Camps 2008 Application

Name _____ Date of Birth _____

Home Address _____

City _____ State _____ Zip _____

Home # (____) _____ Parent's Work # (____) _____

Emergency # (____) _____ Male Female

Parent's Name (print) _____

Parent's Signature _____

Parent's E-Mail (please print) _____

Student's Signature _____

School Attending _____

Age (while at camp) _____ Grade Entering _____

Wrestler Coach T-Shirt Size _____

Check the camp(s) you will attend:

Cincinnati, OH (Moeller HS) June 8-10, 2008 \$150

Canton, OH (South HS) June 9-11, 2008 \$150

Lakewood, OH (St. Edward HS) July 1-3, 2008 \$150

Deposit for all sessions is \$100 per applicant.

If applicable, Wrestler Group Discount (circle one):

\$10 (5-9) \$15 (10-19) \$20 (20+)

**Please mail applications and make checks payable to:
Michigan Wrestling Camps LLC, 1000 S. State St., Ann Arbor, MI 48109**

**** Walk-up registration will also be accepted. ****

DISCLAIMER OF LIABILITY

The University of Michigan, its Athletic Department and its staff do not assume liability for any injuries incurred while at camp or on the way to camp. Parents should contact their own insurance carrier to secure additional insurance for the camper, if necessary. As a condition of enrollment, the following Disclaimer of Liability must be signed and dated by the camper's parents or guardians.

THE CAMPER, IN ATTENDING THE MICHIGAN WRESTLING CAMPS LLC, DOES SO AT HIS OWN RISK. THE UNIVERSITY OF MICHIGAN, ITS ATHLETIC DEPARTMENT AND ITS STAFF SHALL NOT BE LIABLE FOR DAMAGES ARISING FROM PERSONAL INJURY SUSTAINED BY THE CAMPER DURING THE CLINIC OR AT THE FACILITIES. THE CAMPER AND HIS PARENTS ASSUME FULL RESPONSIBILITY FOR ANY DAMAGES OR INJURIES WHICH MAY OCCUR TO THE CAMPER DURING THE CLINIC SESSION AND SO HEREBY FULLY AND FOREVER EXONERATE AND DISCHARGE THE UNIVERSITY OF MICHIGAN, ITS ATHLETIC DEPARTMENT, ITS STAFF, ITS OWNERS, EMPLOYEES AND AGENTS FROM ANY AND ALL CLAIMS, DEMANDS, DAMAGES, RIGHTS OF ACTION, OR CAUSES OF ACTION, PRESENT OR FUTURE, WHETHER THE SAME BE KNOWN, ANTICIPATED, OR UNANTICIPATED, RESULTING FROM OR ARISING OUT OF THE CAMPER'S PARTICIPATION IN THE CLINIC SESSION AND IN THE USE OF THE FACILITIES.

MEDICAL INFORMATION

As a condition of participation in the Michigan Wrestling Camps, each participant must have had a physical check-up by a certified physician within the last calendar year.

_____ has had a physical within the last year and has been declared healthy and able to participate in the clinic activities. [Please bring a copy of the physical to camp registration.]

Signature of Parent or Guardian _____

NON PROFIT
ORGANIZATION
US POSTAGE PAID
ANN ARBOR, MI
PERMIT NO. 29

Michigan Wrestling Camps LLC
1000 South State Street
Ann Arbor, MI 48109



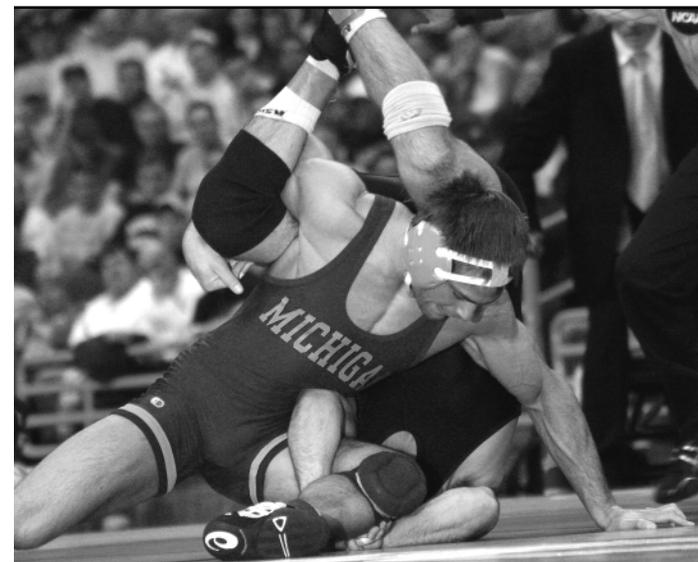
MICHIGAN

Ohio Technique/Training Camps SUMMER 2008

Three different camps to choose from!

**Cincinnati, OH
Canton, OH
Lakewood, OH**

**June 8-10
June 9-11
July 1-3**





It takes a unique desire and commitment to excellence to become a state champion. At the Michigan Wrestling Camps, wrestlers will learn how to be the best from the best. The Michigan Wrestling Camps are committed to several key areas of development: technique & positioning, hand fighting, mental & physical toughness, competitive strategy and physical conditioning.

CAMP HIGHLIGHTS

- Camps open to all wrestlers grades 5-12
- Each day you will receive:
 - ~ Three hours of instruction, positioning, & drilling.
 - ~ One hour of live wrestling that will incorporate combat, situational and positional wrestling.
 - ~ Daily lectures from camp coaches to demonstrate methods for individual improvement.
- Each camper will receive a Michigan wrestling t-shirt.

DAILY SCHEDULE

9-11 a.m. Technical Instruction & Positioning
 11-12 p.m. Lunch Break (*meals will not be provided*)
 12-2 p.m. Technique, Drilling, Live Wrestling & Conditioning

For more detailed information on our Ohio commuter camps and all Michigan Wrestling Camps, please go to www.michiganwrestlingcamps.org

**Train with the best!
 Train with the Wolverines!**

CAMP STAFF

The Ohio commuter camps will feature our outstanding coaching staff and wrestlers from the University of Michigan. All members of the staff were chosen for their knowledge, helpfulness and desire to teach young wrestlers. We teach all facets of wrestling and ensure that each wrestler enjoys the entire week of camp. Our goal is to develop and maximize wrestling skills and talents by offering the personalized training that is important in becoming a championship-caliber wrestler.

Joe McFarland • Head Coach, Michigan
 Kirk Trost • Assistant Coach, Michigan
 Mike Kulczycki • Assistant Coach, Michigan
 Jim Mason • Wolverine Wrestling Club Coach, MSU All-American
 Greg Wagner • 3x Michigan All-American

Our commuter camps will also include a number of current Wolverine wrestlers. Please visit our website for more information on the camp staff: www.michiganwrestlingcamps.org

PRICING

The cost of each camp is \$150 per wrestler. A \$100 deposit will be required with each application.

GROUP DISCOUNTS

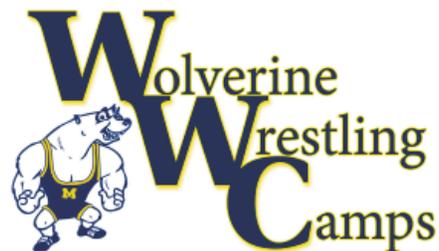
The following group discounts are available. **Groups and coaches must send in applications together to ensure group discount.**

5-9 Wrestlers	\$10 discount off each application
10-19 Wrestlers	\$15 discount off each application
20 + Wrestlers	\$20 discount off each application

COACHES

The coaches rate will be \$50. Any coach who brings 5 or more wrestlers to camp will be free of charge.

Refund of deposit will be 50% 14 days prior to start of camp. Refunds will be made upon a written or email request to jmason@cac.net OR joemcfar@umich.edu



LOCATIONS

- Cincinnati, OH (Moeller H.S.) June 8-10, 2008
School Address: 9001 Montgomery Road, Cincinnati, OH 45242
- Canton, OH (South H.S.) June 9-11, 2008
School Address: 600 Faircrest Street SE, Canton, OH 44707
- Lakewood, OH (St. Edward H.S.) July 1-3, 2008
School Address: 13500 Detroit Avenue, Lakewood, OH 44107

HEALTH & SAFETY

Please download all medical and insurance forms from the camp website. These forms must be turned in at Sunday's registration check-in; do not mail in the forms. A copy of a recent or annual high school physical is also required at check-in. Any illness or injury will be handled by an on-site trainer. If an applicant has any special health needs, a note of explanation should be included with his/her application.

EMAIL NOTIFICATION

An acceptance notice will be sent out **via email** to all applicants after application/deposit is received, confirming the choice of camp location, daily camp schedule and providing all basic check-in/check-out information. Please include an email address with your application.

Walk-up registration will also be accepted.

For information on all of our summer camps, including six different camps to choose from on our beautiful University of Michigan campus, please go to www.michiganwrestlingcamps.org



World Team member Andy Hrovat clowns around with a few of the wrestlers at last summer's U-M technique camp.